



Be good to yourself®

Find a Smoothie King!

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### All Smoothies

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Here's what makes us the King. Our cool, thick and creamy Smoothies are blended with real fruit, natural juices and our revolutionary enhancers. They come in tons of flavors. And seven functions designed to meet your goals: [STAY HEALTHY](#), [TRIM DOWN](#), [GET ENERGY](#), [BUILD UP](#), [SNACK RIGHT](#), [INDULGE](#), and [KIDS' KUPS](#).

Each Smoothie is made fresh to order. We'll add or subtract ingredients to make your Smoothie exactly what your taste buds and body are after. Just like your body—what you get out of it all depends on what you put in.

See our full list of smoothies below or let us help you [Find your Favorite](#).

#### STAY HEALTHY

Contain ingredients that assist in improving overall health.

- Berry Stimulating Mate™
- Blueberry Heaven®
- Cranberry Cooler™
- Cranberry Supreme®
- Hearty Apple®
- Immune Builder®
- Kiwi Island Treat®
- Mangosteen Madness™
- Orange Ka-BAM®
- Pomegranate Punch™

#### TRIM DOWN

Low fat, under 400 calories. Some even further help promote weight loss.

- Angel Food™
- Blackberry Dream™
- Celestial Cherry High™
- Island Impact®
- Island Treat®
- Low-Carb Banana
- Low-Carb Chocolate
- Low-Carb Strawberry
- Low-Carb Vanilla
- MangoFest™
- Muscle Punch®
- Muscle Punch Plus™
- Passion Passport®
- Peach Slice™
- Pineapple Pleasure®
- Raspberry Collider™
- Raspberry Sunrise™
- The Shredder - Chocolate™
- The Shredder - Strawberry™
- The Shredder - Vanilla™
- Slim-N-Trim Chocolate™
- Slim-N-Trim Orange-Vanilla™
- Slim-N-Trim Strawberry™
- Slim-N-Trim Vanilla™
- Strawberry Kiwi Breeze®
- Youth Fountain™

#### GET ENERGY

Formulated to help give your body that extra boost of energy.

- Açaí Adventure®
- Coffee Smoothie Caramel
- Coffee Smoothie Mocha
- Coffee Smoothie Vanilla
- Go Goji™
- Green Tea Tango®

#### Enhancers

Add an Enhancer to any Smoothie and customize it to meet your specific needs or goals.



Many of our nutritional smoothies are sweetened with turbinado and honey. By "making it skinny" and leaving out the turbinado, you'll save calories and carbs!

Instant Vigor™  
Pep Upper®  
Power Punch®  
Power Punch Plus®  
Super Punch™  
Super Punch Plus®

#### BUILD UP

High calorie/high protein, geared toward weight gain/muscle building.

The Activator Chocolate®  
The Activator Strawberry®  
The Activator Vanilla®  
Gladiator®  
High Protein Almond Mocha  
High Protein Banana  
High Protein Chocolate  
High Protein Lemon  
High Protein Pineapple  
The Hulk Chocolate™  
The Hulk Strawberry™  
The Hulk Vanilla™  
Power Meal™

#### SNACK RIGHT

These smoothies are low fat and are a great snack.

Banana Berry Treat®  
Berry Punch™  
Caribbean Way®  
Cherry Picker®  
Fruit Fusion™  
Grape Expectations®  
Grape Expectations II™  
Lemon Twist Banana®  
Lemon Twist Strawberry®  
Light & Fluffy®  
Peach Slice Plus®  
Pineapple Surf®  
Strawberry X-Treme®

#### INDULGE

Our specialty smoothies.

Banana Boat®  
Coconut Surprise®  
Malts  
Mo'cuccino Vanilla™  
Mo'cuccino Caramel™  
Mo'cuccino Mocha™  
Peanut Power®  
Peanut Power Plus Grape™  
Peanut Power Plus Strawberry™  
Pina Colada Island®  
Shakes  
Yogurt D-Lite®

#### KIDS' KUPS

Contain 100% of the RDA of vitamins and minerals for children.

Kids' Kups Berry Interesting™  
Kids' Kups Choc-A-Laka™  
Kids' Kups CW, Jr.™  
Kids' Kups Gimme-Grape™  
Kids' Kups Lil' Angel™  
Kids' Kups Smarti Tart™